

Feedback from Resilience workshop

Pressures for judges and prosecutors

- Deadlines – worry about discipline
- Workload
- Public scrutiny – lack of private life
- Media attacks
- Safety concern for self and family
- Resources
- Low control for junior judges
- Constant nature of cases
 - no time is free time
 - Can never clear the work completely

Ways to reduce/manage these pressures

- Debrief sessions, counselling from professionals after stressful cases
 - supervision sessions to discuss pressures (Slovenia)
 - informal meetings every 2 month (Malta)
 - Associate meetings for members
 - Judges meet for lunch every 2 weeks (Malta)
- Time to do administration within the working day

Ways to reduce/manage these pressures

- Resources
 - More specialisation to create knowledge and confidence
 - Delegation to law clerks (Netherlands)
 - Training for judges and law clerks
 - Juries
 - Salaries to reflect role
 - More technology